

# Helene Lydia Westphal

OCTOBER 6, 2019

Helene Westphal passed away peacefully on Sunday, October 6, 2019 at the age of 84 years.



She was predeceased by her loving husband Helmut; parents Fredrick and Lydia; and her sisters Frieda and Wanda; and brother Karl.

Helene will be lovingly remembered by daughters Karen and Doris; sons Mark and Michael; grandsons Garth and Shane (Sara); her sisters Ursula and Gisella; brother Herman.

Helene was born in Powsino, Germany and immigrated to Canada. When she first came to Regina Helene worked at the Grey Nuns Hospital. She met and married the love of her life Helmut in 1959. After her second daughter was born, she became a stay at home mother taking care of her family, as well as keeping accounts for the family business. Helene was a loving wife, mother and grandmother who will be greatly missed.

Friends are welcome to attend a Graveside Service on Friday, October 11, 2019 at 3:00 p.m. in Regina Memorial Gardens, 4001 East Victoria Ave., Regina, SK. Please meet at the cemetery gates.

## Messages of Condolence

Mark,

I am so sorry for your loss. My heart goes out to you and your family at this time.

— **Rhea Hutchinson**

We wish to express our sincere condolence to all the family of Helene.

— **Gerry & Joanne Huber**

Dear Karen and Doris, I was so sorry to read online that your dear Mom died on Oct. 6th. My sincere sympathy to you and all your family. My love and prayers are with you all as you grieve the loss of your dear Mom, Grandma, sister .... friend. I know that she is enjoying her well-deserved eternal reward. May your loving memories of her keep her spirit alive in your mind and heart always. Peace, S.

Joyce Lorentz

— **Joyce**



<https://www.myalternatives.ca/obituaries/westphal-helene-lydia>

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