

# Helen Vlahos

DECEMBER 31, 2015

VLAHOS, Helen

April 1, 1931 - December 31, 2015

Helen (Nitsa) Vlahos, the pride of her family, passed away on Thursday, December 31, 2015 at the age of 84 years.



Helen is lovingly remembered by her children, Kathy Vlahos-Makridis, Stam James Vlahos, Yolanda Tkachyk; 3 grandchildren, Denise (Daniel) Collins, Ashley Tkachyk, Constantine Vlahos; her 2 precious great grandchildren, Jake and Ayla Collins; sons-in-law, Costas Makridis and Doug Tkachyk; as well as many nieces and nephews in Canada, Greece and around the world. Nitsa was predeceased by her loving husband, Gus Vlahos in January 2013.

Bon Voyage on your final journey, our beloved (Kalo taxidi aqapimeni mas).

A Prayer Service will be held at St. Demetrios Greek Orthodox Church, 1 Tamarac Crescent SW, Calgary, AB on Thursday, January 7, 2016 at 7:00 pm.

A Funeral Service will be held at St. Demetrios on Friday, January 8, 2016 at 11:00 am.

In lieu of flowers, donations may be made in Helen's memory to:

Children's Wish Foundation AB & NWT Chapters  
2323 - 32 Avenue NE, Calgary, AB, T2E 6Z3.

## Messages of Condolence

Dear Yolanda, Jimmy, and Kathy and families. Our sympathies on the passing of your mother. I worked with her many years ago in the Daughters and Maids. May her memory be eternal.

— **Christina and Andy Andrews**

Sorry to hear about the loss of your mother, I still fondly remember the greek easter celebrations at your house when we were young in the 70's. Remember the good times you all shared together. Lots of Love Jimmy, Alexandra and Sophia.

— **Jimmy Zagas**

---



<https://www.myalternatives.ca/obituaries/vlahos-helen>

Printed on June 3, 2026