Catherine Parkinson



JANUARY 10, 2015

Naturalist and Ardent Birder

With great sadness we announce Catherine's unexpected passing on January 10, 2015, following complications after surgery and untreated Lyme disease. Her family was with her when she passed.

Born August 29, 1940 in Regina to Marguerite (Billie) and Lawrance Muirhead. Catherine was predeceased by her parents and her brother Gregory Muirhead. She is survived by her two children Angus Parkinson (Jude Kramer) of Nanaimo and Tara Parkinson (Paul Weyer) of Victoria, her sister Carol Muirhead of Courtenay, and Gregory's wife Karen Ayers and children Lauren and Michael Muirhead of Victoria.

Graduating from the U of S in 1962 in Geology, Catherine had a varied career ranging from cultural, community and visual arts coordinator and retail sales manager in Ottawa, to residential realtor in Regina. She connected with people everywhere and had many friends. She enjoyed the arts, artists and musical events of all kinds, listening to CBC radio daily and encouraging others to do so. Catherine loved nature, whether visiting her grandfather's Langbank farm or birding with Nature Regina. She was very proud of the oak trees she planted in Les Sherman Park, near where she had played as a child. Catherine was a life-long

searcher for knowledge, truth, and spiritual growth, and a much-loved meditation teacher.

Thank you to the many friends who helped after Catherine’s passing. A celebration of her life will be held in Regina after the snow melts. Love and Light Catherine.

Messages of Condolence

To the family members: Our sincere condolences with the passing of dear Catherine. She was wonderful soul, we are going to miss her. Rest in peace Catherine, fly high with all your family and friends.

I (Maria) had been thinking of her and was planning on calling her and getting together - today I received the shocking news.

Please let us know when you plan to have her celebration of life as we would like to attend.

Maria & Emil Fiorante

— Maria & Emil Fiorante

I was very saddened to hear of Cathy's passing. We were good friends in Ottawa way back in the summer of 1972. I can recall with great admiration that she was a gentle soul, always smiling and willing to help others. We sat many times together sharing a nice glass of wine, at times we cried and sometimes we laughed. I will never forget
her generosity, charm and and wit.

I will miss her deeply and with sadness in my heart.
Go gently into the night sweet Catherine....RIP
With profound affection and respect...

— Frank J. Tropiano

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