Deborah Joyce Palmer

NOVEMBER 6, 2021



Loving memory of Deborah Joyce Palmer

Debb was born full of energy and love on July 13, 1955 in Porcupine Plain, Saskatchewan. She sadly passed away on November 6, 2021 at Regina Wascana Grace Hospice, Regina, Saskatchewan after a battle with cancer, which she showed such amazing strength and courage during a 2-year fight.

She was predeceased by her parents Sidney (Sid) and Florence (Freda) Palmer and her brother Barry Palmer. Debb is survived by her son Dean Bourgeois; daughter Amber Parent; her brother Terry (Diane) Palmer; and many aunts, uncles, cousins, nieces, nephews, great-nieces, great-nephews along with an amazing bunch of friends including her very best friend in life Sandi who is the final holder of many secrets. The list goes on and on as Debb welcomed so many into her heart.

She grew up on the family farm in Porcupine Plain where she enjoyed her childhood and farm life. Debb lived many places throughout the years and started her family in 1977. Eventually she settled down in Regina, Saskatchewan in 1988. Anyone who knows Debb will tell you her children have always been her most cherished gifts. Her children were her pride and joy. She gifted them with her amazing energy and will be greatly missed by them. Dean and Amber were not the only people who referred to Debb as Mom as she adopted many souls along her

way. She spent fifteen plus years in the health district starting as a nursing aide and finishing in the field with a certificate in physical activity studies (adapted). She then started her business Beadplus in 2005 where she found the desire to learn holistic healing. She studied in reiki and natural healing methods. Her business allowed her to travel where she would find amazing products and great contacts in the industry. Debb was gifted with helping people. She always had the right words at the right time when they needed to hear it. She was known for her quotes to tell you to let go and move forward in many different ways!

Debb was so amazing and often had to be reminded she needed to keep some of her wonderful advice for herself as she was such a giver! She touched everyone she was in contact with personally and deeply. Debb was so wise beyond her years of life. People sought her out for her wisdom and advice as her energy was addictive and welcoming. It was Debb's passion to learn and teach everyone to find their inner peace and their own path. As we all know "energy never dies" and Debb's energy was so enormous we all know she will live on in so many hearts and minds of all those who loved her.

We will be honoring Debb with a small intimate service and a memorial video at a later date.

Flowers gratefully declined. Donations may be made to Dr. Laura Stark ND for research and development at Thrive Naturopathic, 325 Victoria Avenue, Regina, Saskatchewan S4N 0P5 or the Canadian Cancer Society (www.cancer.ca)

Messages of Condolence

She was a beautiful person with a kind heart. She will be missed. My condolences to her family.

— Michelle C

Sympathies to all Debbie’s family and friends.Although I have not seen Debbie much since our school days she definitely leaves a incredible impression on me. I will miss her a lot.

— Pat Nowakowski

Dean and Amber,
I am sorry to learn of your Mom’s passing. She was a wonderful lady who was so proud of you both. I enjoyed seeing her at work and visiting her at the clinic. She was a fighter and did everything she could to try to fight her disease.
She will be missed.

— Dianne Stark

We were sad to hear about Debb’s passing. We knew Debb only for a short time but quickly figured out what a positive nice person she was. She will be missed.

— Cathy & Gary Klemm

So sad to hear about Debb. She was a good friend, so caring and a great encourager. Sending deepest condolences, Amber and Dean.

— Laurie Walton

Condolences to Dean and Amber on the passing of your mom. You were both her greatest gifts in life Cherish the memories and embrace the fact she lives on in both of you. Her laugh and energy always filled the room at our family reunions Take care. Donna and David

— Donna & David Fordyce

So sorry to hear of Debbie’s passing. We’re old friends from school days and had many great times together

— Ed & Linda Kuzyk

Sending my deepest Condolences to Debb's family.My heart goes out to you all.I visited Deb with my boys many a times at Bead plus when it was in the Golden mile always there to talk to us and show us Crystals.When I was diagnosed with Thyroid cancer in 2018 Deb put a Amber chocker on me with some of her love attached.
I'm 2 years cancer free. I met some Beautiful people at her shop in classes and we had so much fun.Much love&Healing on your loss and heavens gain. RIP Debb

— Belinda

I didn't know Debb very well, but my heart definitely did. I was drawn to her light like a moth to the moon. Talking with her was so easy and natural, and I always came away with something I never knew I needed. Rest well, sweet soul. Until next time...

— Terri Driver

I will miss you Deb

— Maureen Bandas

Debb was a good friend to me, I will miss her encouraging words and her smiling face. My condolences.
Pat W.

— Pat W.

My precious friend you will be missed.
Dean and Amber your mom loved you so much and was so proud of you both.
Love you Deb!

— Heidi Krobutschek

Deepest sympathies to the family in this time of grief. Debb had a heart of gold, was driven to make this world a better place, and she did in so many ways. She believed strongly in the hereafter, and I bet she’s happily digging into the great mysteries of the universe at this very moment .

Thank you for your friendship, and thank you for all the laughs.

Rest In Peace Debb

— Daniel Schmidt

We are so sad to read this tonight. Our deepest condolences Amber and Dean. Debbie was a very special lady with a great big heart. We had many great times together and will miss our fellowship. RIP Debbie

— Ken & Lori Skibsted

Deb was an earth Angel! She contacted me one day to help with a fundraiser for our holistic daycare. She was so kind, loving and full of joy. It was such a pleasure to meet her and share her passions. You will now be an Angel in the sky watching over us!

— Julie Geiger

Your smile, energy and wisdom will be missed. Rest well Debb.
Deepest sympathy to your beautiful family.

— Bonnie Bogner

I send out love and support and healing to Deb‘s family in your time of grieving. Dab was a wonderful lady and always made time for everybody even if you were a little bit different. I am a healer like she was.. I remember all the wonderful conversations we had at the golden mile in the beginning of that store…beads plus was her baby… a place where Deb brought our community together! It was a place of joy and learning, peace and laugh. She leaves a legacy of love laughter healing and creativity behind her. I know wherever she is she’s off with the Angels probably looking down on us breathing easy and loving her new found freedom in her spirit body. I believe we never die .. we just change… she’s passed through the tunnel of death the doorway of time to a place of endless peace… she’s free now. May flights of angels take you to your rest and may you find yourself at peace in the beyond …we will see you again! Sending you love wherever you are Deb.

— Corrine lubenow

Deepest condolences to Amber and Dean. I know Deb was your rock. There is no one Deb loved more than her children, i had the privilege of spending time with Deb and family for many years and since I've moved to NS, I've asked after her. I regret not finding her…we always think we have more time. Rest in peace my friend.

— Catherine Weisgarber

Our sympathy to the family for there loss of a there loved one. Our sympathy to you Terry & Diane and family for the loss of your sister,sister-in-law,and Aunt. May you all find your strength in one another in this time of sorrow.

— Allan&terri Edwards

So sorry to hear of this great loss. Our deepest condolences to all of Deborah's family during this difficult time.

— Denis & Charolette Brakefield

Debbie and i spent alot of Sundays together after church with our families .We went to School together at Blightyl.and Weekes .Debbie always had a smile on her face that made you smile too.I tried for a couple of years to contact her. I wish i could have seen her one last time, guess it wasnt meant to be.She is going to be missed by family and close friends. Terry Diane my heart goes out to your family at this time. Debbie will always have a special place in my heart .

— Betty Dunn

My condolences, Amber and Dean, on the loss of your mother. I first met Debb when she worked in the hospital so many years ago and then I followed her from one Beadplus store to another (and another). I am so grateful she came into my life. If God works through people, and I believe He does, she was an angel on earth. And her spirit is with us all.

— Leslie L.

To Deb's family, we are so sorry for your loss. Deb taught both of us so much over the years. We enjoyed every visit. It was our pleasure to bring her stones and Crystals when we went to Brazil. It won't be the same without her .

— Frank and Tess Boehm

Debbie will be missed by all who knew her. She had great talents & a great spirit. I’m honoured to have crossed paths with her both at wascana rehab & beads plus.

— Jeanne Bernard

I remember her working at Wascana Rehabilitation Centre a number of years ago. Sorry to the Palmer family. She worked on 35-36 if I remember it right.

— Helen McEwen

Debbie was one of the first people I worked with as a nursing student and as she grew up with my mom was so kind to me and I felt so lucky to have her there for my first practicum. Later on her folks moved in next door in Porcupine to mine. And we were able to get close to them as well. Just so saddened to hear this news, she truly was the kindest lady.

— Leanne (Althouse) Sebesten

Debb shone like her many crystals. She was the positivity in any storm. Her love for her children is unending. Debb will be missed deeply by many. A part of her will remain with us always.
My deepest condolences to Amber and Dean and the rest of her family and friends.

— Katja Wynnyk

Debbie was a strong lady when it came to provide for her children. I first met her in a small-town. She was a hairdresser there and a waitress. When she moved to the city I met up with her at Wascana as she began as a nurse then she worked at Regina General before she had her own business with the beads store. She opened her home to me twice when I had no where to go. She was such a blessing and always had a great time when we would get together. She will be missed! My condolences to Amber, Dean and Deb's brother Terry.s

— Chrissy

Amber and Dean. Deb was such a beautiful soul. The world has lost a wonderful person. I know you will hold on to the memories and lessons she has taught you.

— Sharon Mittermayr

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https://www.myalternatives.ca/obituaries/palmer-deborah-joyce

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