Carina Mill-Forsstrom

FEBRUARY 16, 2019

CARINA MILL-FORSSTROM

1958 - February 16, 2019

On February 16, 2019, surrounded by family, Carina Mill-Forsstrom went home to be with the Lord after a courageous year-long battle with cancer. She now has endless green pastures and stubble fields to gallop through. Carina was known for her love of horses, delicious baking, green thumb, love for her family, and her strong determination to accomplish everything she set her mind to - be it running, music, volunteering, or learning something new. Carina will be missed by so many: husband Robert, children Sofie, Isabelle, and Marcus, relatives abroad, and countless friends across the country and beyond.

Her family is honoring Carina’s wishes not to have a funeral; instead, we will celebrate her life and memory on Saturday, May 11 between 2 and 4 pm at Tees Hall. In the spirit of Carina's love for baking and sharing food with friends, we ask that guests bring some baked goods or other snacks to share at a potluck "fika." Coffee and other refreshments will be provided. In lieu of flowers, donations may be made to the Lacombe Palliative Care Society in Carina’s name.

On behalf of the entire family, we would like to thank everyone for the tremendous love and support you have given Carina and the rest of us throughout this journey.

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Printed on June 3, 2026