

# Sheila Gwen Matheson

JUNE 17, 2020

Sheila Gwen Matheson (Keys) passed away peacefully on Wednesday, June 17, 2020 surrounded by her loving husband Bryan and son Justin.



She will be forever remembered by her loving family husband Bryan and son Justin; her grandchildren Bridget, Axle and Jager; her parents Harvey and Charlene Keys (Johnson); brother Steve (Teresa) Keys; sister Darla (Miles) Ray; mother-in-law Hazel Matheson; brothers-in-law Dave and Darryl Matheson; as well as numerous nieces, nephews, aunts, uncles and friends.

Sheila loved spending time with her grandchildren and getting together with her family. Fishing and holidays with her family was a great joy.

Private family Celebration of Life will be held at a later date. Memorial donations may be made to the *Canadian Diabetes Association* ([www.diabetes.ca](http://www.diabetes.ca))

## Messages of Condolence

I am so sorry to hear of Sheila's passing. I was Sheila's supervisor at PGT from 2013 until I retired in 2018. Sheila's office was next door to mine and when she knew I was having a bad day, she would often poke her head into my office and say something funny to make me laugh. She was always willing to lend a hand whether it was work related or something personal helping out a friend or co-worker. My thoughts are with you. She will be missed tremendously.

— **Gwen Walker**

Sheila was a friend and a co-worker of mine at PGT. I remember her as a hard worker and someone who was very dedicated to family and friends. She would make us laugh on numerous occasions and was a joy to be around. Any extra activities that were being undertaken at the office, Sheila would be one of those people to give of her time to help. My deepest sympathy goes out to Bryan and Justin and family. This is one lady that will be greatly missed.

— **Kim Mignon-Stark**

Shelia was my friend and co-worker at PGT. She was always ready to listen and give advice when needed, she helped me through many days. I wouldn't be here if she hadn't made me see that I needed to go to the hospital the day I had my heart attack. For that Shelia I treasured you more, I tried to tell you but you just shrugged it off and said I didn't do anything - that was so you! You are deeply missed. Rest easy my friend, see you on the other side.

— **Lisa Kissner**

Bryan, Justin & family. I was sadned to hear about Sheila's passing. My greatest sympathy to you. I will remember Sheila as a kind, generous, hardworking coworker and friend, with a good sense of humour. It was trully a pleasure knowing her. She will be missed.

My thoughts are with you.

— **Patricia Lumbala**

Brian, Justin and extended family,

My deepest sympathy on the passing of Sheila, she was a wonderful co-worker and her dedication to her coworkers will never be forgotten. Your guardian angel will be with you everyday as she watches over and protects you always

— **Nicole Haider**

My deepest sympathies to you and your family, Bryan. Sheila will be missed around the office. I love the picture you have posted here of Sheila - there's that mischievous little smile! She never shied away from work or fun. You are in my thoughts and prayers.

— **Karen Hanson**

Our hearts are broken, it is with great sadness we say goodbye to our friend and co-worker. My thoughts and prayers are with you and your family. It was a joy to work with Sheila. I will not forget the legacy she left behind and the time she gave to help others in need. Sheila will be in our hearts and memories.

— **Rowena Collins-Huber**



<https://www.myalternatives.ca/obituaries/matheson-sheila-gwen>

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