

Carol Martinac

MAY 14, 2017

It is with deep sadness we announce the passing of our beloved wife, mother, grandmother, sister and auntie Carol, after her long and courageous battle with cancer.



Carol was born in Regina to devoted parents Stephen and Marjorie Maxim. She had a happy childhood and enjoyed growing up with her younger sisters Marilyn and Lori. Carol attended McNab and Wascana Elementary Schools and then Martin Collegiate where she met her husband Lon, the love of her life. Carol and Lon were married in August of 1968 and had their lovely daughter Sonia Lee in April of 1971.

After high school and early into her career, Carol attended Teachers College and then the University of Regina where she studied Education and Sociology. In 1968, Carol began working at SaskPower where she started as a Clerk Stenographer and advanced as a Communications Officer. After leaving SaskPower in 1987, Carol volunteered her efforts toward the provincial election campaign and then continued working as a Communications Officer with the NDP Caucus at the Saskatchewan Legislative Building. She retired from work in 1993.

Carol's grandson and light of her life Bryden, was born in 2001 and in 2012, Carol was happy to reunite with her son Michael, whom she placed for adoption in 1965.

Throughout her life, Carol enjoyed family gatherings, visits with friends, cooking, flower gardening, biking and aqua-fitness. She especially enjoyed the music of Rory Allen and going to his concerts.

Carol is predeceased by her parents Stephen and Marjorie Maxim. She is survived by her wonderful husband of 49 years Lon Martinac, loving daughter Sonia Wall (Don Racette), grandson Bryden Wall, son Michael Weingust (Leslie Anne), sisters Marilyn Birnie (David) and Lori Bowering (Trevor), brother-in-law Blaine Martinac (Dianne), nephews and nieces Darby Birnie (Julianna Baldwin), Brett Birnie (Crystal), Rachel Bowering (Kolten Solomon) and great nephews and nieces Brady, Brooke, Brynn, Max, Kaylee and Dylan Birnie.

Carol and her family express their gratitude to the nurses, care aides and staff at the Wascana Rehabilitation Centre who attended to her care.

At Carol's request there will not be a formal funeral. Instead, Carol's wish is for her friends and family to attend **a luncheon in her memory on Sunday, June 11, 2017 at 1:00 p.m. in the Wascana Centre Authority Building (Lady Slipper Courtyard), 2900 Wascana Drive, Regina, Saskatchewan.**

In lieu of flowers, Carol's hope is for everyone to spread their love and "pay it forward" with a random act of kindness.

Messages of Condolence

Our sincere sympathy to your entire family, on the loss of Carol.

May she rest in peace.

with love, Joyce, Lise and family.

— **Joyce Gebauer**

Our love, hugs, and prayers are reaching out to the entire family. We will always remember Carol's laugh, her cabbage rolls, her beautiful flowers and her loyalty to friends and to her family.

The Care and Love given to Carol during her lengthy illness was awesome to behold ...she was loved!

— **Ken and Donna Sewell**

Our thoughts and prayers are with you. Carol was a lovely lady who we will always remember fondly. Rick, Debbie, Nico, Savannah and Lincoln

— **Debbie and Rick West**

We wish to offer our sincere condolences on Carol's passing. We remember the visits we made to Regina. It is at times like this that we wish we would have done it more often. May she rest in peace, and may God watch over all of you. We will continue to remember Carol with great fondness. She never failed to make you feel welcome and always had a sincere interest in the lives of everyone she loved.

Mike and Anita and family

— **Michael and Anita Radu**

I offer my sincere condolences on Carol's passing. Sonia and family you will be in my prayers.

— **Kathleen Avery-Rusnak**

Sonia my sincere sympathy to you, Don & Bryden on the passing of your Mom. She fought a long battle but will now be at Peace. How wonderful for you & your Mom to have had this time together. Now it's time Sonia to care for yourself.

Blessings from Lynn.

— **Lynn Eberle**

Lon, and family. I am very sorry to hear of Carol's passing. My sincere sympathy to you and family.

— **Brenda Foraie (Cote)**

My sincere sympathy to Carol's family. I went to high school with Carol and would always run into Carol from time to time whether it was shopping or at the field house. She was the kindest and more genuine person I have ever met. She will be missed.

— **Karen Stevens**

My sincere condolences to Lon, Sonia and family on the passing of Carol. Carol and I worked together for many years and we so enjoyed going for our daily lunches. She paid such close attention to detail in her communication work and would not approve it for release until all information had been verified and every single word was checked and rechecked. Family was very important to her and she was very proud of Sonia and was overjoyed at becoming a Grandma! She will be missed. My thoughts and prayers are with you, Lon and family, in your time of grief.....

— **Gail Fehr**

Dear Lon and Sonia. I am so sorry to hear about Carol's passing on. She was a wonderful friend and I know she loved you all profoundly. In your sorrow it is so important to remember that Carol is alive in the hearts and minds of all of us who knew her here in this universe, and maybe we are all together in one of the multi-verses posited by quantum mechanics. I teally like to rhink those great cabbage rolls are out there somewhere.

Abrazos grandes amigos queridos.

— **Bob Lyons**

My condolences, Carol had a smile that would melt your heart. She was always thankful for any care that was given to her. She was one sweet Lady, sorry for your loss. Annette. (LPN)

— **Annette Desjardins**

I remember Carol she she was the new girl at Wascana School. Everyone thought she was so pretty and we soon found out she was friendly and clever. She and my sister were my bridesmaids. Carol could not have been more perfect. Perfectionist with a kind and generous heart is how I always think of her. She took pride in the superb work she did at Sask Power and later for the NDP both as a staffer and a volunteer. Carol gave me courage and support during hard times. She could not do enough for those in her life who suffered from her worst nightmare which was cancer. Lon and Sonia showered Carol with love and care throughout her long illness. Their courage and tenacity deeply moved me. I have learned a lot from their example. I hope they can have a well earned rest now. I write this with much love for them and deep sorrow.

— **Gay Jackson**

Oh I am so very, very sad to hear of Carol's passing! She was a wonderful, kind, and loving friend. When I was an MLA Carol prepared all my newsletters, they were wonderful, and so professional. She enjoyed a chat anytime, and although we had not spoken much in the last year, we did manage a phone call. In fine weather, we would bike the Wascana Trail together on Sunday. She often invited me to their lovely home for tea. Such a compassionate woman, always thinking of others. She just loved her grandson Brydon, and talked about him often. She will be missed. My condolences to the family. Thank you for this opportunity to share my thoughts about Carol. She was wonderful.

— **Suzanne Murray**

Our thoughts and prayers go out to all of our family members for the loss of my mother Carol. We will miss her deeply and are saddened by her departure. We wish that we could have spent more time with her. Rest in peace Mom. We will always love you

— **Mike and Leslie Weingust**

I was so saddened to hear of the passing of Carol. My thoughts and prayers go out to the family in this time of grief. I had the pleasure of working with her at the Legislature as a Union Representative. She was very committed to her work and the people of Saskatchewan. She worked tirelessly at ensuring that every article she developed was flawless.

— **David Miller**

Lon and family,

I was saddened to hear of Carol's passing. May your memories bring you solace at this difficult time.

Carol Grant

— **Carol Grant**

Lon, to you and your family I extend my deepest sympathy. My thoughts and prayers go out to you, your family and your extended family. I pray for strength, comfort and support in the days ahead.

— **Tom Ash**

Sonia:

My sincerest condolences on the passing of your mom. I fondly remember spending time at your home when we were kids and your mom allowing all of our sleepovers and pre-teen goofiness. Take comfort in all of your memories of your mom. Please know that I am thinking of you and your family at this time of sorrow. Big hugs to you Sonia!

— **Donna (Cummings) Schell**

Our hearts are heavy with grief from the passing of our friend, Carol. We will remember her with love and affection. She was loyal, a tireless co-worker, and she always had advice for anyone who wanted to know how to make good pasta. Our sympathy goes out to Lon and Sonia, and to the rest of Carol's family. Rest in piece, Carol. You fought a good battle!

— **Ed & Bunnye McQuarters**

Lon and Family

We were sorry to hear of Carol's passing. Our condolences and thoughts are with you at this difficult time.

Take care.

Maureen and Bob Brown

— **Bob Brown**

Dear Martinac/Maxim family, so sorry to hear of Carol's passing, our deepest sympathy's, our thoughts are with you, Lottie Bamford & family.

— **Lottie Bamford**

My deepest sympathy to Lon, Sonia and family. Carol was a great co-worker at SaskPower and oh so meticulous about everything she did. I'm sure this sounds ridiculous but even her fingernails were always perfect and we loved to tease her about them! She had such a strong conviction for everything that mattered to her and always spoke with such love and affection for you, Lon and Sonia. Carol will now rest in peace. God bless to all.

— **Joanne Jarvis**

My sincere condolences to Carol's family. I knew her from SaskPower--she was always friendly, helpful, and a wonderful person to know. My thoughts & prayers go out to you.

— **Anne Block**

Our Prayers and heartfelt condolences go out to you all, Lon, Sonia, Don and family as the loss of a wife, mother, grandmother and friend is hard to bear. Carol was loved by all who had the opportunity to be in her friend circle and will be missed immensely. Carol was a beloved cousin and friend to our mother who passed years ago and our hope is that these two have meet each other once again in heaven, for a long overdue catch up visit. All our love and prayers to all of you. All our love the Crosby's.

— **Dan & Juanita Crosby**

We are so sorry to hear of the loss of our lovely cousin Carol. While we haven't been in touch very often, we remember her generous and so kind nature. Our prayers and thoughts are with you all. Gerrie & Wenzel, Johnny, Jackie and David.

— **Gerrie & Wenzel, John, Jackie and David**

Carol was always good to Dianne and me, opening her house to us for a week or more once or twice a year, and always making us feel at home. Our prayers and thoughts will be with Lon and Sonia. We will miss her.

— **Blaine & Dianne Martinac**

Sending our deepest sympathy to all on Carol's passing. We didn't get the opportunity to spend a great deal of time together, but the few visits we did have were special. I will remember the heartfelt conversation we had not long before she passed. She was a special cousin and will be remembered in our hearts forever. Sending love also to Carol's Auntie Liz (Radu).

"Shared times, shared memories, shared joys - these special things keep a loved one close."

With love, Vicki and Jack.

— **Vicki and Jack Young**

Dear Lon and Sonia,

Please accept my condolences on Carol's passing. She was a fantastic lady, and will be missed. From the first moment I met her, she welcomed me as part of the extended family. My fondest memories are of bonfires in the back yard and fun family gatherings both at Lon and Carol's and Sonia's. Carol was such a great friend and a huge support to the Wingert family, and I know that she and Penny are probably into some type of mischief as I type this.

If there is anything I can do, please let me know.

Love and hugs, Katharine

— **Katharine Wingert**

Our deepest sympathy from all of us at the Regina fish and league are thoughts and prayers are with you

Nvpvcb

— REGINA FISH AND GAME LEAGUE

Dear Sonia

We extend our heartfelt sympathy to you, your family and your father. We intended to attend the luncheon in the memory of your mother today but woke this morning with a dreadful cold and did not want to share it with all of you. We know you will miss your mother/wife/grandmother very much and our hearts go out to you. Our thoughts and prayers go with you as you walk this path of loss. Wishing you peace and comfort.

— Reta & Art Poulton

Sorry to hear of Carol's passing. May your memories keep her in your hearts.

— Maureen & Jim Williams



<https://www.myalternatives.ca/obituaries/martinac-carol>

Printed on July 10, 2026