

Norma Muriel Langford

APRIL 25, 2018



Norma passed away on Wednesday, April 25, 2018 after a long battle with Alzheimer's disease. Born in Bournemouth, England on October 24, 1925 she came to Canada as a war bride on the RMS Aquitania. Settled in Medicine Hat, moved to Lethbridge in 1967. Norma owned and operated several beauty salons in Lethbridge in the 1970's and 80's. In retirement she volunteered at the Lethbridge Senior Centre and with the Lethbridge City Police Department by doing presentations for the Wise Owl and Elder Abuse Programs. Norma loved to travel in her motorhome, and loved to vacation in Mexico. Norma is lovingly remembered by her daughters; Sandra Helmer and Corinne Knodel, three grandchildren and four great grandchildren. She is predeceased by three husbands; Lawrence M. Messmer (1959), Joe Mrazek (1985) and Edgar Langford (1992); her son Nigel Messmer (1979); her granddaughter Renee Helmer (2014); and sons in law Ron Helmer (2012) and Duane Knodel (2015). The family thanks the staff of Rocky Ridge Retirement Community for taking care of Norma the past six years. In lieu of flowers, donations can made in Norma's name to the Alzheimer's Society of Calgary, 800 - 7015 MacLeod Trail SW., Calgary, AB T2H 2K6.

Messages of Condolence

The Lethbridge Senior Citizens Organization would like to offer its condolences on the passing of Norma Langford. The fond memories that we have of her have been surfacing since her passing.

From taking part in a Wise Owl Presentation or working with the Lethbridge Police Service on an Elder Abuse Presentation. Her love of sharing information to keep her peers safe was so heartfelt. Her time spent on the board of LSCO also needs to be mentioned. Caring was part of her nature and she was truly a wonderful individual. Marlene Van Eden Support Service Coordinator/Lethbridge Elder Abuse Response Network

— **Marlene Van Eden**



<https://www.myalternatives.ca/obituaries/langford-norma-muriel>

Printed on July 10, 2026