Cynthia Colleen Lalonde

SEPTEMBER 16, 2021



LALONDE, Cynthia

1965 – 2021

We sadly announce the sudden passing of our friend, Cynthia Colleen Lalonde, on Thursday, September 16, 2021, at the age of 56.

Cynthia was born in Edmonton on January 15th, 1965, but spent most of her life in Calgary or traveling the world as she was an adventure seeker. She has left behind many great friends, spread throughout her journeys around the world, and her two cats, Amber and Munchkin, which she loved dearly. She was a dedicated friend, calling her close friends her chosen family, and is lovingly remembered by all of her family.

She had a zest for life and loved to have fun. She would dress up to celebrate every occasion. Her love for travel took her all over the world, and each trip was commemorated by postcards and pictures she displayed proudly on her walls. She was a dreamer who always had big plans and was never scared to do things alone. Cynthia also loved music and concerts.

The last few years were a struggle for her after a horrific accident. However, she persevered, and despite these difficulties, she still felt the need to do her part to help others. She had a passion for animal charities, assisting many dogs, cats, and horses along the way.

A celebration of life is being planned for next spring. Watch her Facebook page for updates. Please consider a donation to Rescue Friends Animal Foundation, who is caring for her cats, or another charity near her heart, Dogs and Cats of Antigua, in lieu of flowers.

Cynthia’s larger-than-life personality touched many, and she will be deeply missed.

“The song is ended, but the melody lingers on…”

The Song is Ended, Irving Berlin, songwriter.

Messages of Condolence

Cynthia also had a hidden talent in art and painted for a while. I was awe stricken when she asked for a picture that was taken of me when I was on a rope swing hung from a tree in Mississippi. She wanted to paint this picture and she succeeded to do so. I never in my life thought I would be the subject of a painting. Her painting turned out just like the picture. I have this painting in my bedroom where I can see it from my bed everyday. I am so honoured by her request to do this painting.

— Nola Shannon

A tragic lose to all of us! Love and will miss you my friend!

— Nanette Farrell

Dearest Cynthia, You left us too soon. So many things we still needed to do. Miss you my Friend. Rest In Peace. Love Your Friend Sophie

— Sophie Markowski

Cynthia was a fun loving person, glad to worked with her for few years. Rest in peace, you will be missed!

— Patricia

RIP my friend , you will be missed forever..

— Lina Tolentino

It is so hard to believe Cynthia is gone. She was a good friend and had a great sense of humour. I will miss going to concerts with her. I am sorry we did not go more often. She sure loved her cats, her babies. I hope someone is taking care of them…Cynthia will certainly be missed by many. Rest in piece my friend.

— Peggy Garrow

Cindy your enthusiasm for a good time and your genuine ability to care for those you loved two footed and paws will be sincerely missed... You are missed...thank you for including me in some of your shenanigans...

— Patricia Walsh-Paton

Cynthia, I hope you are up there in heaven, with your own farm! I hope you are free of pain and stress. And I hope you know that people loved you . RIP sweet friend.

— Bernice

I will miss you dear, sweet and spicy Cynthia. I will miss your kind and caring nature. I will miss your “call a spade a spade” disposition. I will miss your unique sense of humour. You left us way too soon. Your melody will carry on with me as you were one of a kind.

— Lisa

I will miss you Cynthia you will be missed but never forgotten I knew her when I used to phone my milk order from Saputo I also knew of her accident she was in it was a very serious accident but she beat all the obstacles as the years went by she will as hold a place in my heart

— Pam baber

Such a amazing soul. Lucky to have known you. You will be missed dearly my friend. Rest In Peace

— Lisa
