

Barbara Jean Lafrentz

NOVEMBER 12, 2018

Barbara Jean (BJ) Lafrentz (nee Ambury) passed away peacefully on November 12, 2018. Left to celebrate her life are her sisters, Maureen (Rudy) Storek, Linda (Gordon) Nielsen, Lorraine (Eric) Anderson, and Carol Cameron; sister-in-law, Helen Ambury; brother-in-law, Albert Hawkins; Russell's brother, Don (Shirley) Lafrentz; and the extended Lafrentz family; all her nieces and nephews; great-nieces and nephews on both Barbara and Russell's side of the family. She loved them all. Her 'Sisters of the Heart' Darlene (Mike) Strachey and Rose (John) Grant were very special to Barb and they will miss all the great times they had with her. Barb was welcomed 'home' by her loving husband, Russell; her mom and dad, Doris & Howard Ambury; brother, Larry Ambury; sister, Louise Hawkins; brother-in-law, Reuben Cameron; and great-nephew, Landon Caldwell. Barbara received her education in various Alberta towns and graduated in Alix, Alberta. She then moved to Calgary to pursue a career in Early Childhood Education which allowed her to do what she loved best; working with children. Barb treated all the children in her care with love, dignity and respect, while ensuring they were learning, playing and having fun. Barb loved life, had a great sense of humor and a huge heart. She touched the lives of everyone who knew her. She married the love of her life, Russell Lafrentz in July 1980 and together they opened their hearts and their home to many special friends and family members. A Graveside Service will be held at Mountain View Memorial Gardens, 1515-100



Street S.E, Calgary, Alberta on Friday, November 23 at 1:00 p.m. No other Memorial Service or Funeral is planned. In lieu of flowers, donations can be made to the Foothills Cardiac Intensive Care Unit, c/o Calgary Health Trust, 800, 11012 Macleod Trail SE, Calgary, Alberta T2J 6A5; Access Calgary P.O. Box 2100, Station M #170, Calgary, AB, T2P 2M5; or Alberta Heart & Stroke Foundation, #200, 119 14 St NW, Calgary, AB T2N 1Z6.

Messages of Condolence

Mike & I are sending our deepest sympathy to everyone on your loss of Barb! You will miss her sense of humour and her cheery little face! Barb will certainly be missed at our annual sisters reunion in the summer. I know it was a tough 10 days but I believe Barb is in a better place! Please know our thoughts & prayers are with you all as you grieve! Mike & Dar

— **Mike & Darlene Strachey**

Barbara's family would like to thank you for your love and support during this difficult time.

— **Linda Nielsen**

Although it's difficult today to see beyond the sorrow, may looking back in memory help comfort you tomorrow☐

My deepest condolences

Lorna Ashton

— **Lorna Ashton**

Dear Maureen, Linda, Lorraine, Carol and family,

Barb was a special lady, one of a kind, huge heart and a very faithful volunteer over the years to Franciscan and Friends charity.

She will be missed!

We are joyful in knowing she is forever embraced in Gods eternal love, heart to heart with Russell.

May your memories comfort and sustain you !

God Bless,

Barbie and Denis Grady

— **Barbara Grady, Denis Grady**

Barbara worked with me for many years at the Pleasant Heights Child Development Centre. She was always very devoted to the children. Barbara had a good sense of humour and could lighten a day with a joke.

I am very sorry I am unable to attend the services tomorrow.

Sincerely, Cec Clark

— **Cecelia Clark (Cec)**

I send my condolences to all of Barbara's family, May God be with you all during these trials.

— **Maria Taylor**

The village of Bridgeland is sadden by your loss and presence. We are deeply missing your quick wit and sense humor. The neighborhood is bare without you walking down 1st. Avenue.

Please enjoy your eternal paradise with dancing freely with your dear Russell and others. We will miss you small appearance on earth and ray of sunshine. The love rays are all coming down from Heaven. Lulu and Chase are missing you dearly too.

— **Joseph Portincasa**

We are missing you mama bear. The morning wake up going to the back door and giving me breakfast and supper. We are missing the long walks and adventures through Bridgeland.

— **Joseph Portincasa**

Barb and I had so much fun together we would get together and go for long walks with Lulu and Chase and we would cook together Barb and Jonathan my son loved each other my son will take Lulu for a walk and one day he took Lulu for too much of a long walk and Barb saved my son's foot I would never forget that day thank you very much Barb I love you so much and my son Jonathan loves you..R.I.P Barb love you so much

— **Kathy Levant**

I miss and love u so much u brought joy and happiness to everyone I miss you everyday.

— **Jon Dort**

The boys and I are sending our deepest sympathy to all who are struggling with the loss of Barb! The Ambury reunion in Calgary has seen a toll the pass few years. We will miss her laugh and entertaining conversations. Please know our thought have been with each of you as you grieve in your own way! Angel & Michael

— **Angel Biggs & Micheal Goffinet**

I miss her long emails of family history, loved the few phone calls she made. Carol and Dolores tried to fill her shoes after for information, however. Too many cousins passing, not able to really know them because of the miles between. Would love to get in touch with others re additions in your families, to get my personal records up to date. We have lost George in 2000, John in 2021, and Roy in July of the same year, plus two sisters in law. Sending love from Kingston, from Howard, Phyllis, Grace, Bill, myself and Deanna.

— marie weatherall ne ambury of Charles and Marion



<https://www.myalternatives.ca/obituaries/lafrentz-barbara-jean>

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