Alexis "Birdie" Rae Holt



NOVEMBER 7, 2021

Alexis Rae Holt “Birdie”

1991 – 2021

It is with profound sadness, we announce the passing of Alexis “Birdie” Holt on Sunday, November 7, 2021.

Alexis was born on January 23, 1991 in Powell River, British Colombia to her parents, Ken and Dawn Holt. Within days of her birth her dad affectionally gave her the nick name “Birdie”. She has been the family “Birdie” since then.

She will be lovingly remembered by her sister, Kyra Holt; and nephew, Grayson Brown.

Birdie was known for her love of animals and enjoyed being outdoors hiking, snowboarding, and biking. Birdie was a down to earth person, her love of animals pushed her to a adopt a vegetarian lifestyle. She had a bright, energetic and funny personality that was unforgettable. Her laughter was contagious and she had a smile that lit up any room. Birdie, touched countless lives and will always be remembered by her kind and compassionate spirit. She had a heart of gold and was always ready and willing to help a friend. Her passion to connect with people led her into the field of nursing, she especially loved to work with the elderly, her patience and caring nature was appreciated by all her patients and their families. She left a lasting impression on all.

We would like to extend our heartfelt gratitude for the outpouring of love and support for Birdie that we have felt and experienced during this very difficult time.

A private Celebration of Life will be held on Friday, November 12, 2021 at 2:00pm.

If you so desire in lieu of flowers, A Go Fund Me page will be created to honour Birdie’s love of animals, donations would be welcomed and all funds will go to an animal rescue center.

Messages of Condolence

I was heartbroken to hear of Alexis’s passing. Condolences to all of her family and friends. I worked with Alexis and she was the sweetest person, so kind to all her residents. Loved by all her coworkers she will be greatly missed
Rest In Peace Alexis

— Diane Harris

My deepest condolences to the family of Alexis. She was a very sweet individual who was gentle and kind to the residents she took care of. Such a sweet soul. Rest In Peace.

— Danielle swanson

My sincere condolences to Alexis’s family. Her kind generous spirt lives on in our memories of her. She was beautiful inside and out.

— Kim Bishop

With much love, kindness, and strength to all of Alexis' family, related and not. She was such a sharp, observant, professional and loving nurse. Simply amazing. There is a huge void at Bethany Airdrie, and also in my heart.

— Haley brietzke

Our heartfelt prayers are with you all at this time. Alexis left joy and kindness wherever she went and we will miss her very much. No words can adequately express our sorrow for your loss. The dogs and I will miss her kindness at work.

— Eileen

My heartfelt condolences

— Callista Peakman

My heartfelt condolences to the family and friends of Alexis(birdie). She was an amazing young beautiful (inside and out) woman. She always made my day, with her smile laugh and wonderful personality. So many great memories! I am going to miss her deeply. You will always be in my heart, Alexis Love you laureen

— Laureen

My condolences to all of Alexis' family, may she rest in peace, our Bethany family will miss you, you were a caring nurse & had a compassionate soul to all.

— Heidi

Kyra,
May all your memories of Alexis bring you comfort during this hard time in your life. My heart and prayers go out to you. She will always live on in your heart and memories, her spirit won’t be forgotten.

— Cathy and Perry Cavanagh

Sending condolences to Alexis’s family. I worked with her at Bethany and she has the kindest and most gentle soul. She will be missed by both co-workers and family. RIP Alexis, you were loved by all.

— Melissa Murphy

I still cannot believe you are gone, I'm devastated & heartbroken, you had the most beautiful smile & amazing laugh. Thank you for all the wonderful memories I will treasure them always

— Melissa Lechelt

An amazing beautiful soul. She will be forever missed by all that crossed her path.

— Jill Thompson

So sorry for your loss Alexis was an amazing lady ,dedicated to her job as a LPN and always put the residents first She was compassionate, loving, and kind hearted and a joy to work with. She will be missed dearly. Rest in peace ♥

— Siobhan hayley

We, Alexis's Aunts, Delores and Linda, were heartbroken to get the news of Alexis's passing. She has gone on to meet her Mom- our dear nice Dawn; her Dad, her grandfather Danny, ..(our brother), and her other uncles, great-grandma and great grandpa. RIP, sweet girl...we love you .

— Delores Torresan

My deepest condolences for Alexis's family and friends. I worked with Alexis and she was the most amazing girl who brought so much joy and kindness to everyone. Although it was for a short period of time but we had so much great memories together with her. We will always miss her deeply and she will always stay in our heart. Rest in peace

— Keith Pun

We are so sorry to hear this. We watched Lexi grow up to be a kind and compassionate woman. Our deepest sympathies to Mary and Kyra

— Terry and Janine Jacobson

I’m so saddened by Sweet Alexia passing.
I live close to her and saw her not long ago and we chatted, she told me about her new cat she adopted.
I saw kitty in window and then it was gone. I wondered what happened as house dark. I go by twice a day…
Bless your heart honey!!!
Laurie Gill

— Laurie Gill

I am so sorry for your loss. I had not seen or heard this horrible news until seeing a post about it tonight. I am so saddened to hear. I worked with Alexis at ATB and this description of her is just absolutely perfect. I really loved her care for animals and think about her wonderful contagious laugh while reading that. Alexis was an absolutely lovely person and will be missed. Rest In Peace Alexis

— Danielle Harris

My sincere condolences to all her family and friends. Alexis was such a kind and loving person. One of the few friends I had that genuinely made me feel like no time had passed any time we randomly ran into each other. We worked together for a short time but filled with great memories. The thought of her infectious laugh will always bring a smile to my face. Rest In Peace Alexis

— Usman Zubair

Alternatives
FUNERAL & CREMATION SERVICES

https://www.myalternatives.ca/obituaries/holt-alexis-birdie-rae

Printed on November 1, 2026