Tiffany S Herok

DECEMBER 30, 2022



September 1986 – December 2022

Beloved daughter, spouse, mother, sister, auntie, granddaughter, niece, cousin and friend to many.

Forever loved and missed.

Celebration of Life to be held at a future date.

Messages of Condolence

My baby girl. I love and miss you so incredibly much. Always will.

“I'll love you forever,
I'll like you for always,
As long as I'm living,
my baby you'll be.”

□ □ □ Love you eternally □ □ □

Forever your Mommy

— Melanie

So sorry Melanie this is so heartbreaking to read this. Big hugzzzz

— Julia kondola aka Spikula

Condolences to you Melanie, I can't even express how sad this is. Big hugs and lots of love.

— Stefanie

My condolences and prayers for your loss.

— Sherry Hunter

My condolences and prayers go out to all her family and loved ones. Rest in peace with your Father. God bless

— Patrick McLaughlin

My heart goes out to each and everyone of you..Forever in our hearts...

— Heather Howson

Will love you forever babe

— Ryan

My sincerest condolences to her family. Sending biggest hugs to everyone. She had the brightest smile and I can still hear her laugh. Rest in peace Tiff. You won't be forgotten

— Rose

Tiffers. Best friends for 28 years. I love you so much. Going to miss you.

— Larissa

I miss you so incredibly much

— Kathleen

Melanie, from all of our conversations over the years, I really got a true sense of exactly how much you love your daughters. Knowing that, no words that are expressed could ever take your pain away of losing Tiff. My thoughts are with you. Many Hugs

— Kimberley Best

My deepest condolences go to the the family in this time of need. Hugs to you all

— Royanne Jones

So sad for your loss, I hope that your son can find peace. I know Ryan and him are going to be truly missing you for life. My condolences to them

— Christina

Oh Tiff,

Hearing of your passing broke my heart. Thankful I have so many great memories of us, all the crazy adventures we went on.

Sending all my love to Hayden, Ryan and your family.

Give Kristine a big hug for me.

Love you girl

— Miranda

My deepest condolence to all the family. She will be deeply missed

— Joann Jenewein

My sincere condolences to Tiff’s family and everyone who loved her. It has been a long time since I’ve seen her but we had a lot of good laughs back in the day at Kath and Dustin’s. Rest in Power.

— Brittney

I’m still utterly speechless thinking you are gone, and my heart breaks knowing I will never have another chance to speak to you. I hope you know how much I loved you and will miss you Jim. My condolences go out to all those who have been impacted by this and a huge thank you to Melanie for bringing her into this world so she could be a part of my life. We may not have spoken in a while but I think Of you often and always will. We will meet again in the after life and stir things up!

Love you always Jim □ □ □ □ □ □

— Amanda

I will always love you , miss you and never forget you

— Freddy Curtis

My Sincere Condolences To Mel Ryan , Hayden. She was such a fearless, loyal , sacrifice everything for Family and friends amazing Mother who will be never forgotten. Rip

— Justin

My deepest condolence to the family and friends. You will be missed by so many. Rest in Peace

— Gabi

To Melanie, Kathleen & family
We are sorry to hear of Tiffany's passing. Deepest condolences to all.
Love
from Uncle Bob, Aunt Joan, Michael & Ryann, Courtenay, B.C.

— Joan Letsos

Tiffany you were such a bright light in everyone you knew I will miss you like crazy. My deepest condolences go out to your mom Hayden. You may be gone from us, but you will never ever be forgotten.

— Tammy Hurlburt

You will be so deeply missed Tiffany. Rest in peace.

— Lony

Tiff ! like omg cuz what the heck?!? we just talked like 3 weeks before your passing. You’re really the only family who kept in touch with me and kept up with me every couple months for all this time I love you so so much, and I’m absolutely broken to hear of this out right travesty

— Dahlialee

Tiffany you will be so missed. Gone way to soon. You will always be in my thoughts and prayers. I loved you so much Tiff. You are with your sad now. Take care of

— Tammy Hurlburt

I miss you so much

— Kathleen

We'll miss Tiffany you are now with your Dad. Take care of one another. You other will be very missed. But never forgotten. Love you both so very much

— Tammy Hurlburt

I was walking through the deep places in my mind and I came across a memory... a day not long since past ... Of dew sparkles on the grass that looked like a gateway to heaven…of a pink
sunrise and sun-dogs in the sky... I remember the day well, it felt like it would last forever... the day you were born dear child... the day this planet was gifted with your arrival... I pray that this day will stay with me always... For as long as I breathe... the day the earth came to know your heartbeat ... the day the stars first saw your eyes... the day of you For Tiffany

— Vallerine Ballauf

Tiffany I love u so much you are my soul sister you are my best fiend I ever had I love you so much life will never be the same with out you
Love you Tiff

— Raquel Holmes

I am grateful to have so many fun and happy memories with you from childhood. From chasing (being chased) by your farm animals to being scared out of our minds watching “It” in the dark, to creating mfg first email address. It wouldn’t have been the same without you

— Kristen Parhar

Hurt my heart so much to hear of your passing. My thoughts are with your family will miss you.

— Leanne Foster

Gone too soon

— Debbie Letsos

Tiff , I was so shocked and saddened to hear of your passing You will forever be that chubby little baby that I loved to squeeze. You will be missed by so many. My condolences to Kath and her family. Rest in Peace Tiff
Love Aunty Theresa

— Theresa Letsos

Aw Tiff your Mom and l were pregnant together I waited to see who you would be. Then later I was so lucky to babysit you. You always were the free spirited little girl so full of life and laughter. I have known you for over 36 years can’t imagine you not being here. My heart goes out to Melanie Ryan and Kath and of Course Hayden Your always in my thoughts and Prayers until we meet on the other side Miss you so much. Know you are loved by so many

— January Klein

Melanie and family ..Garth and I are heartbroken over your loss of Tiffany.. Hugs to you all

— mary lennox

Tiffany,
I feel very honored and blessed to have such a gifted and loving soul in our family. You are a shining light of love that will never leave our hearts and I know you are still with us
and will guide and love us all until we see you again.
Thank you Tiff for all the happy, joyful and wonderful memories you have given us. They will always be treasured.
□

— Barbara Herok

Tiff you will be soo missed! I will always cherish our friendship and hold on to all the amazing memories I have of you. Sending all my love to your beautiful family.

— Ana Pfeifer

I’m completely heartbroken and I can’t believe that Tiffany is gone.

First met her at Science World at an overnight event we had both taken our kids to.

Hadn’t talked with each other for a couple of years. Messaged her tonight and got a reply that I had the wrong number.

Searched her name online and saw her obituary.

I’m completely shocked and so unbelievably sad that she is gone.

Tiffany you were so beautiful, so amazing, so loved and had such an incredible and amazing soul.

I will miss you every day.

— Curtis

Alternatives
FUNERAL & CREMATION SERVICES

https://www.myalternatives.ca/obituaries/herok-tiffany-s

Printed on November 24, 2026