Helen Schampier



FEBRUARY 3, 2026

It is with heavy hearts we announce the passing of Helen Schampier.

Helen was born in Bronx, New York, U.S.A. in 1940 and had three other siblings - two brothers and one sister; the only survivor is her younger sister, Marie Lang.

Helen started her working career in New York as a medical technologist for eight years. In 1970 she moved to Dryden Ontario where she worked as a bench tech, and later supervisor, in the laboratory of the Dryden District Hospital for twenty-five years. After retirement, Helen moved to Abbotsford, B.C. (1970) for the warmer climate and to be closer to her sister who lived in Washington at the time. She became a Christian and was introduced to many wonderful people who became good friends. She spent her spare time doing volunteer work and was then given a opportunity to help care for two month old twins (Roxanne and Jaqueline). This became a new opportunity which expanded over the years and these girls became her family.

She leaves behind her Sister Marie, Niece Bobbi-Jo, Granddaughters Roxanne and Jaqueline, and Great Grandson Brady.

Memorial Service will be taking place at Central Heights Church on March 7th, 2026.

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