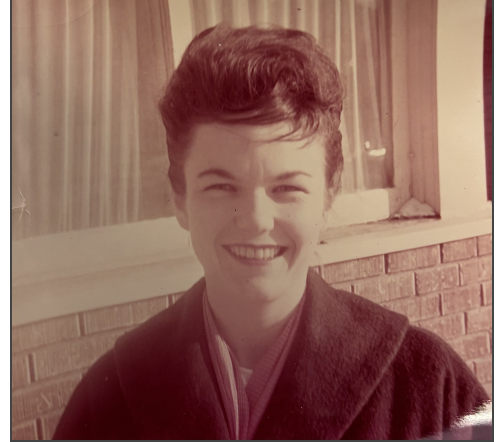


Helen Margaret Sitter

JANUARY 6, 2026



Helen Margaret Sitter

October 18, 1941 - January 6, 2026

Helen was born in Quinton, Saskatchewan. She was predeceased by her parents Albert Lovas and Theresa Aschenbrenner and her sisters Agnes and Mary.

Helen is survived by her sisters Theresa and Julianna, son Brian, son Robert and his children Christina (Chris McFarland) Trisha, Sara (Luc Hart) and Robert's grandchildren Jade and Jayla. Son Dale, daughter Karen (James Branvold) and their children Curtis and Natasha. Helen is also survived by the father of her children, Norbert Daniel Sitter. She will be missed by many nieces and nephews and great nieces and nephews .

Forever in our hearts you will always be missed. God bless and rest in eternal peace.

A Celebration of Life will take place on Saturday, January 31st, 2026 at the Hungarian Club, 1925 Mcara Street, Regina, Saskatchewan, at 1:00pm.

Messages of Condolence

Our sincere condolences to Brian, on the loss of your Mom. Times like these are very sad, but you will have such wonderful memories of all the good times. Take care.

— **Roger and Donalie Weslowski**

My condolences and prayers are with you, James and your family.

— **Heike**

Our sincerest sympathy to Brian, Bob Dale and Karen and their families

— **Ron and Doreen Sitter**

Our condolences to Karen and the entire family. It is never easy to lose a loved one. Our thoughts and prayers are with you all.

— **Karen and Bill**

So sorry to hear of your loss Bob, Christina, Jade and Jayla. She was a special lady and I enjoyed seeing her at birthdays when the girls were younger. Her memories will keep her with you sometimes with tears, sometimes with laughter but always welcome. She will be missed by many.

— **Gwen Nieman (Fohr)**

My sincere condolences to Brian on the loss of your Mom.

— **Keith Eggen**



<https://www.myalternatives.ca/obituaries/helen-margaret-sitter>

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