

Heather Bouchard-Bugoy

FEBRUARY 10, 2026

**In Loving Memory of a Beloved Wife, Sister,
Aunt & Friend**



With heavy hearts and deep gratitude for a life well lived, we remember Heather Bouchard-Bugoy, whose curiosity, courage, and kindness left an indelible mark on all who knew her.

She had an adventurous spirit and a love for travel that carried her across places both near and far. Whether discovering new cultures, chasing beautiful views, or simply enjoying the journey itself, she approached life with a sense of wonder and enthusiasm that was truly her own. Every trip became a story, and every story reflected her fearless embrace of the world.

Above all, she loved her family deeply, even if her adventurous life often kept her on the move. Though she wasn't always nearby, her care and affection were constant and sincere. she followed their lives with interest, pride and love, holding them close in her heart no matter the distance.

At home, she found great joy and companionship with her beloved cats, who were a constant source of comfort and affection. they were part of her family, and her love for them spoke to her gentle heart.

She will be remembered for her independence, her warmth, her adventurous soul, and the love she shared so freely. Though she is no longer with us, her spirit lives

on in the memories, stories and love she leaves behind.

We take comfort and peace in knowing that she is now reunited in heaven with her parents, Ralph and Nora Bouchard, sister-in-law June Bouchard, nephew Allan Bouchard, and her beloved husband, Adonis Yaworski, embraced by love once again. Though she will be deeply missed, her spirit lives on in the memories she leaves behind.

She leaves to mourn her second husband Ken Bugoy, siblings, Arnold (Denise), Russell (Wendy), Wanda (Alan), nieces Charity (Regan), Cymone (Brian), and Christie (Anthony), and nephew Daniel (Amanda), great nieces and nephews, Trinity, Augustine, Jazmin, Avery, Makaela, Domenic, Remington and Jameson.

She will be dearly missed and forever loved.

The Bouchard Family would like to invite family and friends to join in a Celebration of Life on February 27, 2026, at 3:00pm at the Italian Club, as we gather to honor Heather's memory, share stories and celebrate the remarkable life she lived.

Messages of Condolence

Peter and I met Heather and Adonis at Regina transit where Pete and Adonis worked together. They were a fun, loving couple and we got to know them well and we're lucky to spend time with them. We will miss them both.

— Lisa Boucher/ Peter Hall

Heather you were a dear cousin who always visited Rama with Adonis , always new you were a beautiful soul.Always loved following your journey .RIP COUSIN

— **Donna nazar whitehead**

My dear friend.... who accepted me for me. Ohhh how we used to laugh; I'll never forget the Bow River adventure LOL. Love you always. Miss you forever.

— **Gisele**

Heather and I were friends growing up on Ottawa Place, until we moved away after grade six. We smoked our first cigarettes (Export A) hiding behind her family's garage. Regrettably, we never ran into each other in the fifty plus years that followed. Okay, yes, I had a crush on her! My sympathies to her family and friends.

— **Brian Fieldgate**



<https://www.myalternatives.ca/obituaries/heather-bouchard-bugoy>

Printed on July 11, 2026