

# Helen Hamilton

NOVEMBER 30, 2018

Our family lost the most gentle, beautiful woman on Friday, November 30, 2018 at the age of 68 years. She passed peacefully at home surrounded by those she loved.

Helen Ginther Hamilton was born on March 16, 1950 to Henry and Susan Heinrichs in Herbert, Saskatchewan. She was the second youngest of 9 children.



She is survived by her husband Bud Hamilton (married on June 11, 1971); they celebrated 47 years of marriage in 2018. She is also survived by her two children Brett and Robyn (Josh); five grandchildren Dani (Taylor), Jamie (Evan), Cassie, Avery and Tiffany; 7 great-grandchildren Brody, Jason, Alivia, Zaiden, Taiva, Braelyn and Kinsley along with her furry sidekick Yoshi. She is also survived by siblings Jake (Jeannette), Margaret (Gordon), Anne, and Sara (Stan); sisters-in-law Myrtle and Debbie; numerous nieces and nephews; her childhood friend Lynn along with many others who were important to her life. Helen was predeceased by her parents Susan and Henry Heinrichs; brothers Johnny, Harry, and Frank; her sister Helen; and brother-in-law Morley.

Helen worked many years in the service industry and took pride in all tasks she performed. She was known for being a hard worker, for her quiet nature, and her friendly smile. Many returning customers knew her by name and in turn she knew theirs.

Helen was an avid reader and could always be found with a book in her hand, by her side, or in her purse never too far away. She also loved her crime shows: CSI, NCIS, and Criminal Minds just to name a few. Helen baked buns regularly, loved to play cards, had incredible patience while teaching her granddaughters how to play Joker Rummy. She enjoyed visiting, going for coffee, and most of all spending time with her family enjoying every moment she could with her kids and grandkids. She also stepped into the role of second Mom to many of her children's friends.

Her kind and gentle nature was the hallmark of her character, highlighted with a delicate balance between demure and feistiness. Cancer would not hold her back from attending a graduation and wedding in Alberta for two of her grandchildren, going shopping, out for dinner, and being present at the steak night fundraiser held in her honor.

Helen loved her mother's homemade cooking and in her final weeks she requested many of those dishes to which we complied the best we could: cottage cheese perogies, Summer Borscht, chicken noodle soup, and buns.

A special thank you to Helen's entire Palliative team who provided amazing care and compassionately prepared us to grant her final wish, to pass away at home.

We invite you to attend a Celebration of Helen's Life to be held on Saturday, December 8, 2018 at 2:00 p.m. in Westhill Park Baptist Church, 8025 Sherwood Drive, Regina, SK with all of her loving family and friends.

## Messages of Condolence

Brett, Dani, Jamie, Cassie, Avery -- we are most sorry for your loss of Brett's Mom and the girls' grandmother. A number of years ago we met up with you and Melissa at Helen and Bud's while we were in Regina. We hadn't met them before but remember their warm welcome. We could see then how much Helen loved her family -- you were most fortunate to have her in your lives.

— **Walt and Yvette**

Helen was one of the kindest, patient, and caring women I've ever known. Whether it was showing compassion to a young girl who was having nightmares because Robyn insisted we watch Jaws, or the humour and understanding she displayed when we were obnoxious teenagers, Helen was truly a mother to us all. Although the world is a darker place without her, heaven is much brighter. May she Rest In Peace knowing what an incredible legacy she has left behind.

— **Tracy Price**

Bud and family, we are so sorry for your loss. Helen was a lovely lady, inside and out. I didn't know her well, but she always had a wonderful smile for me when we met! Twila and David Forsyth

— **Twila Forsyth**

Bud and family

Our deepest sympathy to you and your family.

We were truly blessed to know Helen. She was a wonderful lady and she will be missed.

— **Shirley Ripplinger**

Sorry bud but I am out of town this weekend Sorry for your loss

— **barbara gamble**



<https://www.myalternatives.ca/obituaries/hamilton-helen>

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