

Sheila Ruth Gudmundson

JUNE 25, 2018

Born in Yorkton, SK on September 19, 1951, Sheila has passed away on Monday, June 25, 2018. Sheila was predeceased by her husband Dallas in 1995, brother Gordon in 1980, and her father Gordon in 1999. She is survived by her sons Sean and Derek (Leah) and grandson Alex; her mother Ruth McMillan; her sisters Sharlene (Merv) Wasylenchuk and Marlene (Dan) Brown; nephews Barry (Rachele) Wasylenchuk, Danny (Sasha) Wasylenchuk, Sheldon Wasylenchuk (Patty Boychuk), James Brown (Shannon McIntosh), and Steven (Amy) Brown.



Sheila was a loving mother to her sons Derek and Sean and struggled to raise two boys alone after the loss of her husband Dallas. However, she always welcomed their friends and made them feel at home and very often was setting another place at the table for them. The boys and their friends spent many long hot summer days at the pool in her back yard and Sheila was always generous at providing nachos to feed the hungry crowd.

Sheila was a lover of all animals, her dogs (Cleo, Beau, and Belle) and her cats (Missy and Casper). She also helped to provide care for many exotic animals Sean brought home. There were many more that passed through her home and all received loving care. She especially appreciated the companionship and protection of Beau and Belle after her children became adults.

She was overjoyed to become a grandmother when Alex was born on December 26, 2016. Unfortunately, debilitating back pain seriously limited her activities with

him.

Sheila had a number of jobs throughout her life mostly focused on the accounting side of the work. She helped manage many of Dallas' business adventures including booking agency work, Bingo Halls, and Flea Markets. The last 20 years before she retired were spent as a dedicated worker in the Social Services accounting department. After she retired her co-workers still consulted with her about issues to tap into her extensive knowledge on policies.

Sheila was a perfectionist and a neat freak and she spent many hours sorting and putting away in order all the toys that the kids would take out to play with during the day. She often ran late at getting ready for family functions because she would have to do everything exactly perfect before she could go.

She had a good sense of humor and when getting together with her family was always quick to add joking comments on funny situations. She enjoyed the challenges of all kinds of puzzles and quizzes which she was quite good at. She did cross-stitching and wanted to follow in her mother's footsteps making quilts but again was restricted by her increasing limitations with back pain. She was a very good cook and prepared delicious backribs for a family BBQ just a couple of weeks before her passing.

She was an avid Rider fan and enjoyed watching all their games wearing all her Rider attire.

She will be greatly missed by all her family and friends.

A private family funeral including friends and coworkers is being arranged and notice for such will be provided on social media.

Messages of Condolence

So very sorry for your loss and mine too. She will be missed. We had a lot of laughs together even when we were struggling.

— **Wendy Johnson**

Sean & Derek & family - Sincere sympathy in the loss of you Mom. Sheila always had a "hello" or a wave to us as neighbors. We have memories of you two and your friends jumping off your house roof into your pool - LOL. And we know of the dogs and cats that your Mom loved. It took until today to find your Mom's obituary online. We will drop off a card in your mailbox today. Phone or ring our doorbell anytime. Thank you Derek for stopping in last Tuesday and sharing your news with us. Take care. Roxanne & James Gallagher

— **Roxanne & James Gallagher**

She was an amazing woman. Always welcoming and a phenomenal personality. She was greatly loved and will be sincerely missed. Condolences to the rest of the family. ☐ ☐ ☐

— **Jeremy Patrick**

Very sorry to hear of this terrible news. I spent a lot of time at the Gudmundson house. It was always a very welcoming atmosphere and that was who Sheila was. Whenever I called over to speak to Sean, there was a good couple minutes spent catching up with Sheila first. I think my favourite interactions with her were our exchanges when she would beak me about what I was wearing and I would ride her about how her kitchen is the only place on Earth with 4 timezones within an arm's length. The phone, microwave, coffee pot, and clock on the wall were all about 2 mins different. This was one of her quirks, she said it kept her from being late. I still talk about that. Every time I drive past Milne I think of her fondly. I will continue to do that, I am sure.

— **Taylor Koch**

My Heart goes out to you Sean and Derek I know Sheila your Mother was the rock in your family, I know it's been a long time since I've seen Shelia but I will never forget how she took all of Sean friends in and loved us like family. She was such a Free Hearted woman and I loved that about her, I took a lot of advice from Sheila and I know she has help guide My self and many other through this life journey. Love you always...

— **Seth**

My deepest condolences, Sean and Derek. My thoughts and prayers go out to you and the family Sheila was very kind and welcoming to all us kids back in high school. She will be missed

— **Devin**

Deepest and sincere Sympathies to family and friends of Sheila Gudmundson. She will be missed by everyone, but always remember the enjoyable times you all had together.

— **Eileen Deimling**



<https://www.myalternatives.ca/obituaries/gudmundson-sheila-ruth>

Printed on July 10, 2026