

# Heather Beck

DECEMBER 3, 2019

Heather passed away suddenly at Peace Arch Hospital on Dec 3, 2019. Surrounded by loved ones. She is survived by her devoted husband Thom Kennedy, stepson Shawn, stepdaughter Starla (Glenn) and her three grandchildren Tavin, Kobyn and Fynlee along with her many Nieces and Nephews.



Predeceased by her parents Edith Cavall Parker Beck, Alexander Obadiah Clarence George Percival Beck, Brother Ronald Barry Dixon and Sister Maxine Easthope.

No service will follow at this time but if you wish to make a donation in her name in lieu of flowers, it can be done to type 1 Diabetes.

You are invited to leave a personal message of condolence for the family.

## Messages of Condolence

I am thinking of you

With sympathy

Rebecca

— **Rebecca Farquhar Cocker**

Heather was a delightful free spirit that could light up the room!! Her amazing energy will be greatly missed. Thom please know our thoughts are with you during this difficult time.

Fondly,

Rondetta and Jerry

— **Rondetta Troutman**

Such a beautiful picture of my dear friend. Everything about Heather was beautiful. She hired me at my first job when I was 16 and I'm now 62. That says a lot about the years of our friendship. We didn't need to speak to each other everyday, week, or month. We just knew we were great friends. Heather was special to me because she gave me a friendship of love and I gave her the same. For so long she battled poor health and she often said to me if she only imagined how debilitating the disease would become she would have made better choices with her health in the earlier years. We all do the best we can with the cards we are dealt. Heather is free now with no further pain.

This gives me peace that her beautiful soul will support Thom through these difficult days of loss. All my love to you Thom. You are a special person and a devoted husband. Heather dearly loved you. Cheryl

.

— **Cheryl Cashman**

I am sorry for your loss Thom. Thinking about you lots buddy!!

— **Brent Selby**

I am so sorry for your loss Thom, Heather will be deeply missed, we will always treasure the wonderful memories we have together.

Love you with all my heart,  
Michelle

— **Michelle Glenn**

What a beautiful Obituary. My deepest condolences to you Uncle. Please know that my thoughts, prayers & love are with you through this difficult time. Love and hugs  
Cindy.

— **Cindy**

Thom, We send you all our love in this difficult time. You and Heather are like family to us and we are so sorry you lost “your girl”. You are a wonderful, devoted husband and Heather was very lucky to have you!  
Love you, Sonia and Michelle.

— **Sonia**

My sincere condolences Thom. May the good memories of Heather ease the burden of your loss.

— **Shelley Mare**

We were saddened to hear that Heather passed away. Rich and I are thankful to have had the pleasure of getting to know you and Heather when we lived in BC. It is clear from all the lovely sympathies that Heather was greatly loved and will be dearly missed. Our thoughts are with you and your family.

— **Bev Samuel**

I'm so sorry to hear about Heather. Sending you positive love and energy. Find time to enjoy your loved ones and reflect on your love during this holiday season.

— **Kayt Bryans**

My dear, sweet, beautiful Auntie Heather! How I miss you so much! I am so very grateful I was able to come out and spend your last birthday with you and I am even more grateful that I was kind-of able to spend your last moments with you. I can only hope that the sound of my voice gave you some comfort. I know that Mom and Uncle Barry are so happy to see their "little sis". You were an incredible lady that was always such a huge influence in my life. I can still hear your "oh give me a break" with that special sarcasm of yours. I miss you my beautiful Aunt! My heart goes out to Uncle Thom. xoxo

— **Shawna Easthope**

So sorry for your loss Uncle Tomm. Our prayers are with you, though I keep thinking of the beautiful family reunion that occurred with this temporary loss, as I believe that you will be together again, just as Auntie Heather has been reunited with her loved ones that have passed before her.

— **Jason Zemp**

Sending our love Tom as you begin the journey of grief until you and Auntie Heather meet again.

Auntie Heather you were well loved. I'm sure your big brother and big sister were there to welcome you with open arms into the heavens.

Tom our thoughts and love go out to you this Christmas season.

— **Terri Demers**

My great Auntie Heather was so, so special to me. I remember several Halloween evenings spent together, her spoiling me with candies and gifts, among many other treasured memories. I am grateful to have held her closely and be a part of her rainbow journey to be reunited with my gramma and others. Thom, you are always in my thoughts and prayers and I wish you peace at this difficult time. Sending my love.

— **Marci King**

One of the strongest and sweetest ladies I have known. A gentle person in her work and in her life. So sad to hear this news but now she can be free from the daily struggles. I won't forget the view over White Rock and her joy with those little four-legged friends and always her concern beyond herself. Thom, you have been always there for her, your kindness and calmness, an inspiration.

Marie.

— **Marie O'Neill**



<https://www.myalternatives.ca/obituaries/beck-heather>

Printed on June 11, 2026