

Karen Anne Arnestad

AUGUST 31, 2018

KAREN A. ARNESTAD, 67, passed away peacefully on Friday, August 31, 2018 surrounded by her family at the Chinook Regional Hospital in Lethbridge, Alberta. Karen was born in Oyen, Alberta, she was the daughter of the late Shirley and Nels Olson. Karen is lovingly remembered by her family, husband, Don Stewart; her children, Barry (Casey) Arnestad, Laurie (Jason) Suski and Tammy (Daniel) Thomsen; 7 grandchildren, Tanner, Blade and Ryder Arnestad, Kendra and Kaden Suski, Jace and Lily Thomsen. She is also survived by her 3 sisters, Margaret (Mike) Becker, Orla Olson and Muriel (Carl) Manser. Karen worked as a Nurse's Aide with most of her career in Calgary, Alberta. She enjoyed camping and spending time with her close friends and family. She will be remembered for her kind nature and her love to help others. A Come & Go Celebration of Karen's Life will be held at the Claresholm Legion, 414 - 53 Ave E. Claresholm on Friday, October 5th from 1-4pm.



Messages of Condolence

Our very deep condolences to the family , very fond memories of Karen and the years we worked at the C.C.C

— **Mary Savill**

Sending you & the family out sincer condolence.Karen was a special lady,who is missed by all who knew her☐

— **Kay &Gord**

I'm so sorry to hear Karen has passed. I think you were some of the first girls we met when we moved to Claresholm. You lived at the end of the street by the bluebird motel if I remember. I'm so very sorry for your loss.

— **Carla Grabowsky-Harvey**

We will miss her greatly. Thoughts and prayers are with. Love all of you. Kim and mark

— **Mark and kim galloway**

Larry and I offer our deepest sympathies in this loss of a family member. May she rest in peace and in turn you find peace with her passing. Love to all the family

— **Maurine Arsenault**

I am so glad we were able to camp with Karen and Donny. My fondest memory will be of her gallantry rolling into our boat so she could spend the day at the beach with her grandkids I know she enjoyed the afternoon sitting in the lake on her lawn chair

— **Ruth kergan**

So sorry that your sister has passed. May she Rest In Peace.

If we had known she was in the hospital here in Lethbridge we would have come for a visit and say good bye. RIP Karen.

— **Dennis and Dorothy Atkinson**

My condolences go out to Karen's families. The loss of a loved one is never easy.

— **Myrna Allison**



<https://www.myalternatives.ca/obituaries/arnestad-karen-anne>

Printed on June 3, 2026